



NEIGHBOURHOOD KITCHEN & GRILL

Nibbles to Start

BREAD WITH BUTTER 325 KCAL (G,M,N,SE,SU)	£ 9
RUSTIC WINTER OLIVES, THYME AND GARLIC (GF, VE) 160 KCAL	£ 7
MUSHROOM ARANCINI WITH TRUFFLE MAYO (V) 650 KCAL (G,E,M,)	£ 10
CRISPY AUBERGINE FRITTERS (VE,GF) 540 KCAL (M)	£ 9
PADRON PEPPERS WITH SEA SALT (GF,VE) 9 KCAL	£ 8
WHIPPED FETA, CHILLI, HONEY WITH GRILLED SOURDOUGH BREAD 380 KCAL (G,M,N)	£ 10

STARTERS

CREAMY PARSNIP AND WINTER SPICE SOUP 250 KCAL (CE,M)	£ 9
SMOKED CHICKEN, ASPARAGUS AND CHERRY TOMATO COMPOTE 190 KCAL (E)	£ 10
CLASSIC PRAWN COCKTAIL 540 KCAL (CR,E,SU,G)	£ 14
SALMON GRAVLAX, BEETROOT, DILL, MUSTARD AND LEMON 357 KCAL (F,MU,SU)	£ 12
CRISPY JACKFRUIT WINGS (VE) 422 KCAL (G,SO)	£ 10

**magic
breakfast**
fuel for learning

£1 TO BENEFIT MAGIC BREAKFAST (CHARITY NO. 1102510 IN ENGLAND AND SC048202 IN SCOTLAND)
WHICH PROVIDES NUTRITIOUS SCHOOL BREAKFAST TO CHILDREN AND YOUNG PEOPLE AT RISK OF HUNGER
IN DISADVANTAGED AREAS OF THE UK.

Mains

SEA BASS FILLET, SAUTEED SPINACH, LEMON BUTTER SAUCE, CABBAGE AND BACON 308 KCAL (F,M)	£ 22	CHICKEN SUPREME, FONDANT POTATO, BEANS AND JUS 650 KCAL (M,SU)	£ 22
GREEN LENTIL, SAUTEED SPINACH, SWEET POTATOES, BROCCOLI AND RICE 🌱 (V,GF) 225 KCAL	£ 21	LAMB SHANK, CARAMELIZED ONION, HERB MASH AND JUS 730 KCAL (M,SU)	£ 35
PORK SCHNITZEL, FRIED EGG, FRIES AND CAPER DRESSING 682 KCAL (G,E,M)	£ 22	WILD MUSHROOM & PRAWN TAGLIATELLE 640 KCAL (G,M,E,CR)	£ 20
SIRLOIN STEAK, TOMATOES AND MUSHROOM 460 KCAL (M)	£ 40	GRILLED BAVETTE STEAK, FRIES AND CHIMICHURRI SAUCE 820 KCAL (M)	£ 34

Steak Sauce £4: Peppercorn 25 kcal (M,SU,E,CE), Béarnaise 325 kcal (M,E), Red wine jus 230 kcal (SU,CE)

SALAD

QUINOA SALAD WITH BROCCOLI, BEANS, CHERRY TOMATOES AND LETTUCE (VE, GF) 250 KCAL	£ 12
ULTIMATE WINTER KALE SALAD (VE,GF) 460 KCAL	£ 14
ROASTED BUTTERNUTSQUASH SALAD WITH POMEGRANATES, GOAT CHEESE WALNUTS AND CIDER DATE DRESSING (V,GF) 480 KCAL (M,SU,N)	£ 14
EXTRA PROTEIN CHICKEN £5 (187 KCAL), SALMON £6 (284 KCAL F), PRAWNS £6 (150 KCAL CR)	

SIDES

STEAK CHIPS 172 KCAL (G)	£ 7
SAUTEED GREEN VEGETABLES 90 KCAL (M)	£ 7
VEGETABLE SALAD (VE) 114 KCAL	£ 7
BRAISED RED CABBAGE 70 KCAL (SU)	£ 7
TENDERSTEM BROCCOLI (VE, GF) 38 KCAL	£ 7
TOMATO WITH BASIL AND ONION (VE, GF) 50 KCAL	£ 7

DESSERT

VEGAN CHOCOLATE & PASSION FRUIT TART (VE) 500 KCAL (SO,G,N,SU)	£ 10	TIRAMISÙ WITH BERRIES 582 KCAL (G,E,M,N, SU,SO)	£ 10
BREAD & BUTTER PUDDING 560 KCAL (G,E,M,N)	£ 10	ZESTY ORANGE TORTE 400 KCAL (G,E,M,N,SO)	£ 9
STICKY TOFFEE PUDDING 720 KCAL (G,E,M,N)	£ 10	ICE-CREAM OR SORBET 216 KCAL (E,M,N)	£ 9
Extra Scoop of Ice-Cream/Sorbet £3 72 KCAL (E,M,N)			

CLASSICS

SUSTAINABLE HADDOCK & CHIPS, CRUSHED PEAS AND TARTARE SAUCE 950 KCAL (G,E,F)	£ 20
ALOFT BEEF CHEESEBURGER WITH BACON AND FRIES 920 KCAL (G,E,M)	£ 20
GRILLED-LIME CHICKEN BURGER WITH BEETROOT TZATZIKI AND FRIES 791 KCAL (G,E,M)	£ 19
COTTAGE PIE, PAIRED WITH YOUR CHOICE OF SIDE DISH 540 KCAL (CE,SU,M)	£ 19

Vegetarian (V) Vegan (VE) Gluten Free (GF) Zero Waste 🌱

Milk (M), Gluten (G), Celery (CE), Sesame (SE), Sulphites (SU), Fish (F), Soy(SO), Peanut (P), Lupin (L), Nuts (N), Eggs (E), Molluscs (MO), Crustaceans (CR), Mustard (MU).

If you have any dietary requirements or are concerned about food allergies, e.g. nuts, you are invited to ask one of our team members.

Adults need around 2000 kcal a day. Opening times may vary. All prices include VAT at the current rate. A 12.5% discretionary service charge will be added to your bill.

Docksider Restaurant, Aloft London Excel, One Eastern Gateway, Royal Victoria Dock, London E16 1FR +44 (0) 20 3203 0714



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White Wine

	175ml	Bottle
FLAGSTONE POETRY CHENIN BLANC SOUTH AFRICA, WESTERN CAPE (SU)	£ 9.5	£ 37
LA VIVIENDA VERDEJO SPAIN, CASTILLA - LA MANCHA (SU)	£ 8.5	£ 33
DA LUCA PINOT GRIGIO ITALY, SICILY (SU)	£ 9	£ 35
PETAL & STEAM SAUVIGNON BLANC NEW ZEALAND, MARLBOROUGH (SU)	£ 10.5	£ 42
CHATEAU STE MICHELLE DRY RIESLING USA, WASHINGTON (E,M,F,SU)		£ 50
COLUMBIA CREST TWO VINES CHARDONNAY USA, WASHINGTON (E,SU)		£ 45

Red Wine

	175ml	Bottle
GERARD BERTRAND HERITAGE ORGANIC PINOT NOIR FRANCE, LANGUEDOC-ROUSILLON (SU)		£ 45
VIVANCO RIOJA CRIANZA SPAIN (SU)		£ 50
LA VIVIENDA TEMPRANILLO SPAIN, CASTILLA - LA MANCHA (SU)	£ 8.5	£ 33
ERRAZURIZ MERLOT CHILE, CURICO VALLEY (SU)	£ 9.5	£ 40
TILIA MALBEC ARGENTINA, MENDOZA (SU)	£ 10.5	£ 42
FLAGSTONE POETRY CABERNET SAUVIGNON SOUTH AFRICA, WESTERN CAPE (SU)	£ 9	£ 35

Champagne & Prosecco

	150 ml	Bottle
CHAMPAGNE LANSON PERE ET FILS BRUT FRANCE, CHAMPAGNE (SU)		£ 85
DA LUCA PROSECCO ITALY, VENETO (SU)	£ 9	£ 45

Rose Wine

	175ml	Bottle
WICKED LADY WHITE ZINFANDEL USA, CALIFORNIA (SU)	£ 8.5	£ 33
COTES DE PROVENCE ROSE, HERITAGE, ESTANDON FRANCE (SU)		£ 45

Bottled Beer & Cider

BECK'S LAGER (G)	£ 6	MAGNERS ORCHARD BERRIES CIDER (SU)	£ 7.95
STELLA ARTOIS (G)	£ 6	MEANTIME PALE ALE (G)	£ 7.5
MEANTIME LAGER (G)	£ 7.5	MAGNERS PEAR CIDER (G)	£ 7.95
BREWDOG PUNK AF (NON-ALCOHOLIC) (G,M)	£ 6	PERONI NASTRO AZZURRO (G)	£ 7
BECK'S BLUE (NON-ALCOHOLIC) (G)	£ 5		

Draught Beer

	Half	Pint
BUDWEISER LAGER (G)	£ 4.25	£ 7.25
CAMDEN PALE ALE (G)	£ 4.75	£ 7.95
CAMDEN LAGER (G)	£ 4.5	£ 7.75
STELLA ARTOIS (G)	£ 4	£ 6.75

Cocktail

OLD FASHIONED	£ 13.5
ESPRESSO MARTINI	£ 13.5
NEGRONI (SU)	£ 13.5
APEROL SPRITZ (SU)	£ 13.5

Gin

	25ml	50ml
BEEFEATER	£ 4.95	£ 9.9
TANQUERAY	£ 5.5	£ 11
BOMBAY	£ 6	£ 12
SLINGSBY	£ 7.5	£ 15
HENDRICK'S	£ 8	£ 16

Tequila

	25ml	50ml
OLMECA BLANCO	£ 5.5	£ 11
OLMECA REPOSADO	£ 6	£ 12

Bourbon

	25ml	50ml
MAKER'S MARK	£ 7	£ 14
WOODFORD RESERVE	£ 8.5	£ 17

Rum

	25ml	50ml
BACARDI SUPERIOR	£ 4.95	£ 9.9
CAPTAIN MORGAN'S DARK	£ 5.5	£ 11
BACARDI OCHO	£ 7.5	£ 15
CAPTAIN MORGAN'S SPICED	£ 5.5	£ 11

Cognac

	25ml	50ml
MARTELL V.S.	£ 6.5	£ 13
MARTELL V.S.O.P.	£ 10	£ 20

Single Malt Whisky

	25ml	50ml
GLENLIVET FOUNDER'S RESERVE	£ 8.5	£ 17
JURA 10YR	£ 9	£ 18
OBAN	£ 16.5	£ 33

Whisky

	25ml	50ml
FAMOUS GROUSE	£ 6	£ 12
JACK DANIELS	£ 6	£ 12
JAMESON'S	£ 6	£ 12

Liqueurs

	50ml
DISARONNO	£ 8.5
BAILEY'S (M)	£ 8.5

Vodka

	25ml	50ml
ABSOLUT	£ 4.95	£ 9.9
GREY GOOSE	£ 8.5	£ 17
BELVEDERE	£ 7.5	£ 15

Soft Drinks

SELECTION OF SOFT DRINKS & JUICES	£ 4
ICED COFFEE	£ 4.5

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