THE RITZ-CARLTON

MILLENIA SINGAPORE

SPA

Let us make the world revolve around you.

ESCAPE

Capture the beauty of Singapore with a visit to The Ritz-Carlton, Millenia Singapore, where unparalleled views of Marina Bay, world-class dining options, an impressive art collection, and the allure of The Ritz-Carlton Spa will leave you spellbound.

EXPERIENCE

Let us immerse you in a timeless journey that will enliven your senses.

HALF-DAY LUXURY SPA EXPERIENCE

4.25 HOURS

Indulge in a transformative half-day experience that revitalises your body from head to toe. Begin with a dry body brushing session to exfoliate dead skin cells, improve circulation and stimulate the lymphatic system. Then unwind in The Ritz-Carlton Spa Suite's hydrotherapy tub, infused with natural Epsom and Himalayan bath salts, to promote deep relaxation and ease muscle tension. After a refreshing rinse, a 90-minute Signature Massage awaits you, followed by a luxurious 90-minute Bespoke Epicutis® Facial designed to hydrate and renew your skin.

Includes a 30-minute Dry Body Brushing, 30-minute Epsom and Himalayan Salt Bath, 90-minute Signature Massage and 90-minute Bespoke Epicutis® Facial.

MINERAL DETOX SOAK

45 MINUTES

Renowned for its restorative benefits, a long, hot soak offers a deeply relaxing and detoxifying experience. Indulge in this soothing treatment in the comfort of our hydrotherapy tub of The Ritz-Carlton Spa Suite. Tailor your soak with a choice of three scent blends, each featuring Epsom salts, Himalayan pink salts and essential oils to complement your desired mood: **Uplifting** - Eucalyptus and Peppermint, **Romance** - Sandalwood and Ylang Ylang, **Relax** - Lavender and Chamomile.

The Mineral Detox Soak can also be enjoyed as an add-on to any treatment or as a couple experience. Natural salts and bubble bath products are also available for purchase to recreate the experience in the comfort of your guest room or home.

MASSAGES FOR TWO

Treat yourself to a massage with a friend or loved one in a couples' suite, featuring side-by-side massage tables for a shared, tranquil experience.

Chosen massages must be of the same duration.

RESERVE NOW

THE CELEBRATION SUITE

Whether you are marking a special milestone or simply indulging in a well-deserved day of pampering with friends and family, The Celebration Suite is the ultimate retreat. Perfect for up to eight guests, this experience grants full access to our luxurious One- or Two-Bedroom Millenia Suite, as well as the spa's water facilities, including the whirlpool, sauna, steam room, outdoor swimming pool, and Fitness Centre, for the day, from 9 a.m. to 5 p.m.

Step into your suite featuring one of the world's sexiest bathrooms overlooking the stunning Singapore skyline, which also boasts a king-sized bed, a spacious living room, and plush bathrobes, making it the perfect retreat to unwind.

The day begins with freshly brewed coffee, tea, and pastries, followed by a 60-minute Signature Massage for each guest. In the afternoon, indulge in a delightful afternoon tea served in the comfort of your suite, complemented by wine and champagne.

Cherished memories await at The Celebration Suite.

A minimum reservation for 2 guests is required, with a maximum of 8 guests. Blackout dates apply. We are delighted to provide bespoke décor tailored to enhance your celebration.

A COUPLE'S SPA JOURNEY

90 MINUTES

Designed as a serene escape for you and a loved one, this treatment encompasses our Signature Massage that will alleviate tension and reinvigorate your body.
The experience is completed with a glass of bubbles and a sweet indulgence.

SPA INDULGENCE

60 MINUTES

Indulge in a unique sensory journey with two therapists pampering your body at the same time. While enjoying our Custom Facial for perfect skin regeneration, you will also be receiving a precise foot care massage with light exfoliation for an invigorating experience. Emerge from this indulgent treatment ready to face your next adventure.

Includes a 60-minute ESPA Custom Facial and a 60-minute Classic Foot Massage, performed simultaneously by separate therapists.

RESERVE NOW

WELLNESS

Optimum wellness is supported by developing our ability to adapt well physically, mentally and spiritually to the challenges of everyday life. The Ritz-Carlton Meaningful Wellness Journeys nurture and encourage this adaptability by providing experiences and habits to build inherit resilience, strength and fortitude for Mind, Body and Skin.

FORTIFYING DEEP MUSCLE MASSAGE

60 MINUTES OR 90 MINUTES

Targeting deep seated muscular pain and restoring comfort and supple movement with active stretching, this deep muscle massage uses hot stones and a fortifying oil on the neck, shoulders and back to instantly alleviate deep-seated tension and provide lasting relief so you feel a calming sense of wellbeing.

Pressure: Deep

AWAKENING BAMBOO MASSAGE

90 MINUTES

Channelling an uplifting, rhythmic blend of free-flowing bamboo massage movements, while alleviating deep tension from top to toe, this enlivening and healing treatment leaves the body feeling a sense of complete wellness and the mind settled in a sanctuary of calm and positivity.

Pressure: Medium to Deep

THE ART OF WELLNESS MASSAGE

90 MINUTES

Bring healing and wellness by the mind, body and soul with this unique transformative treatment that creates a state of pure bliss. Guided breathing and visualisation together with a deeply therapeutic Salt Stone and Rose Quartz Crystal massage releases physical tension and relaxes the mind to embrace the art of letting go.

Pressure: Medium to Deep

DETOXIFYING MASSAGE

90 MINUTES

Warm herbal poultices gently exfoliate skin and relieve fatigued muscles while boosting overall circulation, leaving the body re-energized. The treatment concludes with a relaxing scalp massage.

Pressure: Light to Medium

RESERVE NOW

MIND SYNC VIBRATIONAL WELLNESS

Experience a new era of wellness with the first Mind Sync™ treatment table in Asia, exclusively at The Ritz-Carlton Spa, Singapore. Each therapy is supported by scientific evidence and enhanced through Mind Sync™ vibro-acoustic technology that combines sound with gentle vibration. These frequencies flow through the body to calm the nervous system, restore balance, and amplify the effects of massage and meditation. The result is a transformative journey for body and mind, aligning energy, enhancing recovery, and reconnecting you to a deeper state of well-being.

DEEP SLEEP MEDITATION RETREAT

60 MINUTES

Created for the sleep-deprived or those seeking deep restoration, this treatment helps reset the body's natural rhythm of rest while releasing tension from head to toe. A guided meditation and Mind Sync™ vibro-acoustic sound therapy through headphones eases the mind into an alpha-wave state of deep relaxation, where a 60-minute session can feel as restorative as six hours of REM sleep.

Nervine-rich botanicals including Bergamot, Sweet Orange, Roman Chamomile, Rose, Geranium, Ylang Ylang, Vetiver, Sandalwood, Frankincense and Cedarwood soothes the nervous system and promotes deep, restorative sleep.

Performed as an individual treatment and does not include a massage. Loose-fitting clothing is recommended. Ideal as a series for those seeking support for insomnia or stress-related tension.

BEYOND CALM MASSAGE + MEDITATION

60 MINUTES

Embark on a relaxing journey inward designed to release stress and tension from body and mind. This experience includes reflex-inspired foot therapy with calming aromatherapy, followed by sound therapy, guiding you into a serene state for restful, restorative sleep.

Uses essences of Hinoki, Kuromoji, Lavender and Frankincense.

Includes a 60-minute foot massage, featuring calming sound therapy in the final 30 minutes.

RESERVE NOW

FOREST BATHING MASSAGE + MEDITATION

60 MINUTES

Reconnect with nature's healing energy in this grounding ritual inspired by Shinrin-Yoku, the Japanese art of forest bathing. Begin with a hot stone massage to melt tension, followed by foot reflexology with forest-inspired aromas and Mind Sync™ guided sound therapy through headphones to calm the mind, cultivate stillness, and restore harmony to body and spirit.

Uses essences of Hinoki, Cypress, Japanese Northern Cedar and White Tea Extract.

Includes a 30-minute hot stone neck and back massage, then a 25-minute foot massage paired with natural soundscapes and meditation through headphones.

QUICK POWER NAP

25 MINUTES

A fully clothed experience designed to restore alertness and focus in minimal time. Guided meditation and Mind Sync™ vibro-acoustic sound therapy, paired with a calming blend of nervine-rich essences, support the body's shift from sympathetic to parasympathetic activity, promoting deep, restorative sleep. Recharge your body and mind, leaving you clear, balanced, and renewed.

Uses essences of Bergamot, Sweet Orange, Roman Chamomile, Rose, Geranium, Ylang Ylang, Vetiver, Sandalwood, Frankincense and Cedar Wood.

This experience does not include a massage. Loose-fitting clothing is recommended.

RESERVE NOW

MASSAGE

SIGNATURE MASSAGE

60 MINUTES, 90 MINUTES OR 120 MINUTES

Alleviate tension and reinvigorate your body and mind with this customised massage which combines relaxing aromatherapy blends and restorative massage techniques.

Pressure: Medium to Deep

RELAXATION MASSAGE

60 MINUTES OR 90 MINUTES

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

Pressure: Light to Medium

FORTIFYING DEEP MUSCLE MASSAGE

60 MINUTES OR 90 MINUTES

Targeting deep seated muscular pain and restoring comfort and supple movement with active stretching, this deep muscle massage uses hot stones and a fortifying oil on the neck, shoulders and back to instantly alleviate deep-seated tension and provide lasting relief so you feel a calming sense of wellbeing.

Pressure: Deep

BALINESE INFLUENCED MASSAGE

60 MINUTES OR 90 MINUTES

Restore the flow of energy throughout the body and melt away tension from fatigued muscles. This massage is a blissful destressing experience.

Pressure: Medium

RESERVE NOW

STRESS RELIEF MASSAGE

60 MINUTES OR 90 MINUTES

Revive tired and fatigued muscles with the use of traditional massage techniques such as tapotement, kneading, hacking, and rocking. This moderate to firm pressure massage leaves a feeling of revitalisation and relaxation.

Pressure: Medium

MASSAGES FOR TWO

Treat yourself to a massage with a friend or loved one in a couples' suite, featuring side-by-side massage tables for a shared, tranquil experience.

Chosen massages must be the same duration.

MOM-TO-BE RITUAL

90 MINUTES

Experience tranquility with this pregnancy-safe treatment tailored for expectant mothers. This ritual includes soothing facial cleansing, Epicutis® biocellulose masks infused with patented TSC to calm inflammation and replenish moisture, Cooling Ice Globes to gently stimulate circulation, and a full-body massage with natural oils and fragrance-free Epicutis® Lipid Body Treatment to nourish dry areas and care for stretch marks. Safe from the second trimester onward, this experience nurtures soft, glowing skin while restoring care and confidence.

Pressure: Light to Medium

HOT LAPIS STONE MASSAGE

90 MINUTES

A therapeutic and rejuvenating massage that uses warm lapis stones and moderate to deep pressure to intensely soothe tired, aching muscles and aid relaxation.

Pressure: Medium

RESERVE NOW

FACIALS BY EPICUTIS®

First in Southeast Asia and exclusively available at The Ritz-Carlton Spa in Singapore, Epicutis® is born in one of the most advanced scientific laboratories in the world.
Experience the future of skincare with patented, 100% non-toxic ingredients and clinically tested formulations that deliver real results.

BESPOKE FACIAL

60 MINUTES OR 90 MINUTES

A customised facial, tailored to suit your skin's unique needs using clean formulations, featuring high-performance biotech actives such as TSC, HYVIA® and Arctigenin. Begin with a gentle cleanse and enzymatic exfoliation, followed by biocellulose face mask and Epicutis® finshing serums.

The extended facial includes a facial sculpting massage, cryotherapy and a targeted brightening treatment, along with intensive care for neck, décolleté, and hands. Leave with hydrated, radiant and balanced skin.

SIGNATURE FACIAL

90 MINUTES

This indulgent treatment delivers science-backed results with luxurious care to revitalise and re-energise the skin. It features enzymatic exfoliation, a sculpting facial massage, and a multi-layered biocellulose mask enhanced by LED light and Ice Globes, boosting radiance and firmness. Finish with brightening actives and omega-rich hydration to calm, brighten, and strengthen the skin barrier for visible transformation.

Includes hand and arm exfoliation, brightening treatment, and face, eye, and neck masks with LED light.

BRIGHTENING FACIAL

60 MINUTES

Experience this next-generation brightening facial. Rejuvenate the skin with a multi-phase massage and a cooling biocellulose mask infused with clinically tested, antioxidant-rich actives such as Arctigenin and HYVIA®. Finish with advanced hydration and brightening layers for a radiant complexion. Perfect for enhancing luminosity, balance, and clarity. Suitable for all skin types, including sensitive.

EXPRESS FACIAL

30 MINUTES

This revitalising treatment refines texture, calms inflammation, and restores balance with clinically proven formulations by Epicutis®. Ideal as a pre-event glow or for routine maintenance between more intensive facials.

RESERVE NOW

FACIALS BY ESPA

ULTIMATE RADIANCE & RENEWAL FACIAL

90 MINUTES

Restore your skin's vitality and reveal a bright, smooth and radiantly youthful looking complexion. The must-have treatment for immediate results prior to a special event.

CUSTOM FACIAL

60 MINUTES

Purify, hydrate, brighten and smooth your complexion with this radiance-restoring facial that is tailored to your individual needs.

RESERVE NOW

BODY

LIPID FULL-BODY TREATMENT BY EPICUTIS®

45 MINUTES

Designed to exfoliate, hydrate, and restore skin with clinical-grade care typically reserved for the face. This treatment begins with dry brushing and lymphatic activation, followed by an oil cleanse to prepare the skin for the application of Epicutis® Lipid Body Treatment. Rich in barrier-strengthening lipids, this treatment enhances skin softness, resilience, and visible luminosity from neck to toes. Ideal for dry, reactive, or post-travel skin in need of repair and renewal.

Featuring the Epicutis® Cleansing Oil which uses a novel dissolvable formula to lift dead skin cells after the dry brushing which are then gently removed with warm towels, eliminating the need for a shower. Please note that shower facilities are not included in this treatment.

COOLING FULL BODY POLISH

60 MINUTES

Ideal for sensitive skin, this full body exfoliation uses apricot seed kernels to sweep away dry, dull skin while spearmint cools and aloe vera hydrates and conditions.

Includes a full body exfoliation and smooth & firm body butter application.

NOURISHED GLOW

60 MINUTES

Reveal your smoothest, softest skin ever with this body exfoliation that finishes with a deeply nourishing oil application and personalised back massage.

Includes a full body salt and oil exfoliation, back massage and oil application.

RESERVE NOW

MEN

ESPA MEN'S DEEP CLEANSING FACIAL

60 MINUTES

Deeply cleanse, hydrate and smooth skin, leaving your complexion instantly energised.

RELAXATION MASSAGE

60 MINUTES **OR** 90 MINUTES **OR** 120 MINUTES

Unwind and de-stress with this aromatic bespoke treatment.
This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension.

Pressure: Light to Medium

STRESS RELIEF MASSAGE

60 MINUTES **OR** 90 MINUTES

Relieve tired and fatigued muscles with this traditional massage using moderate to firm pressure to leave a feeling of revitalisation and relaxation.

Pressure: Medium

POWER HOUR FULL BODY SCRUB

60 MINUTES

Intensely invigorating, this clarifying and smoothing treatment powerfully reawakens the senses, leaving you ready for anything.

RESERVE NOW

ENHANCEMENTS

Enhancements are incorporated into services without extending the treatment time. They must be booked and received with a treatment.

LED LIGHT FACIAL TREATMENT

Light therapy by Celluma, improves cellular health to reduce the signs of aging, relieve pain, and eliminate acne. This treatment can be added on to any facial, massage or body treatment.

DUAL-ACTION EXOSOME MASK

Designed to enhance collagen production and improve skin texture. Natural ingredients such as Goji berry plant exosomes, hyaluronic acid and caffeine tightens the skin, restores elasticity and quickly boosts hydration, leaving the skin plump, soft and smooth.

FIRMING NECK MASK

Infused with Africana fruit extract and sodium hyaluronate, this neck mask helps reduce the appearance of lines while enhancing skin firmness for a smoother, youthful neckline.

HYDRATING FACE MASK

Experience deep hydration with a biocellulose mask, which delivers active ingredients that penetrates the skin, boosting moisture levels and promoting healing for a refreshed and revitalised complexion.

SMOOTH AND FIRM BODY BUTTER

Combine the sublime benefits of a lifting and smoothing body butter with your body massage oil for rich melting hydration to refine skin texture, soften and restore suppleness.

SCALP CONDITIONING TREATMENT

Combining the strengthening properties of red and white clay with a deeply relaxing scalp massage, tension is reduced and the scalp conditioned to leave you with beautifully healthy hair. The clay is gently massaged in to the hair during your treatment and is best left in for at least 30 minutes before removing.

ADVANCED ENHANCEMENTS BY EPICUTIS®

RECOVERY EYE MASK

A concentrated under-eye treatment utilising advanced biocellulose technology, QFC and TSC to visibly reduce puffiness, soothe delicate skin, and restore hydration. A refreshing reset for tired or sensitive eyes.

RECOVERY FACE + HAND MASK

Elevate any facial with this professional-grade biocellulose mask, infused with Epicutis® patented TSC to calm inflammation, hydrate deeply, and visibly reduce redness. A cooling, ultra-soothing boost for compromised or sensitive skin.

RECOVERY NECK & DÉCOLLETÉ MASK

Extend the benefits of your facial with a targeted biocellulose mask for the neck and décolleté. Infused with TSC to hydrate, firm, and soothe this delicate area, restoring softness and suppleness.

ADD-ONS

Elevate your experience with these time-extending treatments.

LED LIGHT FACIAL TREATMENT

15 MINUTES

Light therapy by Celluma, improves cellular health to reduce the signs of aging, relieve pain, and eliminate acne. This treatment can be added on to any facial, massage or body treatment.

THE RITZ-CARLTON SPA SUITE DETOX SOAK

45 MINUTES

Book our Ritz-Carlton Spa Suite in which to enjoy your spa treatment, and delight in an additional 45-minute post-treatment relaxation time to enjoy the private hydrotherapy bath. Select from a bubble bath or an Epsom salt bath.

HAND OR FOOT REVITALISER

15 MINUTES

This exfoliating and nourishing treatment will leave hands or feet soft and bright.

Indicate your choice of hand or feet treatment when making a reservation.

EXTENDED SCALP CONDITIONING MASSAGE

15 MINUTES

Enjoy an extended relaxing scalp massage with extra benefits that combines the strengthening properties of red and white clay to reduce tension, and condition the scalp leaving you with beautifully healthy hair.

BACK EXFOLIATION

15 MINUTES

A gentle oil cleanse prepares the back before layering Epicutis® Lipid Body Treatment, which is rich in barrier-strengthening lipids that promote skin softness and resilience, and restore visible luminosity to your back.

PRICING

EXPERIENCE

MINERAL DETOX SOAK
45M / $200

HALF-DAY LUXURY SPA EXPERIENCE
4.25HR / $895

SPA INDULGENCE
60M / $425

MASSAGES FOR TWO
PRICING BASED ON TYPE AND DURATION

THE CELEBRATION SUITE
STARTING FROM $2900

A COUPLE'S SPA JOURNEY
90M / $700 FOR TWO PERSONS

WELLNESS

THE ART OF WELLNESS MASSAGE
90M / $350

FORTIFYING DEEP MUSCLE MASSAGE
60M / $275
90M / $350

DETOXIFYING MASSAGE
90M / $350

AWAKENING BAMBOO MASSAGE
90M / $350

MIND SYNC VIBRATIONAL WELLNESS

DEEP SLEEP MEDITATION RETREAT
60M / $275

BEYOND CALM MASSAGE + MEDITATION
60M / $275

FOREST BATHING MASSAGE + MEDITATION
60M / $275

QUICK POWER NAP
25M / $150

MASSAGE

SIGNATURE MASSAGE
60M / $275
90M / $350
120M / $495

RELAXATION MASSAGE
60M / $275
90M / $350
120M / $495

FORTIFYING DEEP MUSCLE MASSAGE
60M / $275
90M / $350

BALINESE INFLUENCED MASSAGE
60M / $275
90M / $350

STRESS RELIEF MASSAGE
60M / $275
90M / $350

MOM-TO-BE RITUAL
90M / $350

HOT LAPIS STONE MASSAGE
90M / $350

MASSAGES FOR TWO
PRICING BASED ON TYPE AND DURATION

All prices are in Singapore Dollars, subject to prevailing service charge, goods and services tax.

A Certificate of Insurance by Bolttech Insurance Brokers Pte Ltd will immediately be issued upon purchase of The Ritz-Carlton, Millenia Singapore's spa/gym membership and/or gift certificates.

FACIALS BY EPICUTIS®

BESPOKE FACIAL
60M / $295
90M / $395

SIGNATURE FACIAL
90M / $450

BRIGHTENING FACIAL
60M / $295

EXPRESS FACIAL
30M / $175

FACIALS BY ESPA

ULTIMATE RADIANCE & RENEWAL FACIAL
90M / $395

CUSTOM FACIAL
60M / $295

BODY

LIPID FULL-BODY TREATMENT BY EPICUTIS®
45M / $250

COOLING FULL BODY POLISH
60M / $250

NOURISHED GLOW
60M / $250

MEN

ESPA MEN'S DEEP CLEANSING FACIAL
60M / $295

STRESS RELIEF MASSAGE
60M / $275
90M / $350

POWER HOUR FULL BODY SCRUB
60M / $250

RELAXATION MASSAGE
60M / $275
90M / $350
120M / $495

ENHANCEMENTS

INDULGE IN MULTIPLE TREATMENTS OF YOUR CHOICE

SMOOTH AND FIRM BODY BUTTER
$25

SCALP CONDITIONING TREATMENT
$25

HYDRATING FACE MASK
$25

DUAL-ACTION EXOSOME MASK
$25

LED LIGHT FACIAL TREATMENT
$30

ADVANCED ENHANCEMENTS BY EPICUTIS®

RECOVERY EYE MASK
$35

RECOVERY FACE AND HAND MASK
$40

RECOVERY NECK AND DÉCOLLETÉ MASK
$40

ADD-ONS

THE RITZ-CARLTON SPA SUITE DETOX SOAK
45M / $200

HAND OR FOOT REVITALISER
15M / $50

EXTENDED SCALP CONDITIONING MASSAGE
15M / $50

BACK EXFOLIATION
15M / $65

LED LIGHT FACIAL TREATMENT
$50

GUIDELINES

RESERVATIONS
To schedule your preferred time and treatment, please contact the Spa Reception for availability. Your credit card information and contact details are required in order to secure your reservation. In-house guests may dial extension 13 on the guest room telephone.

HEALTH CONDITIONS
Kindly advise us of any health conditions, allergies or injuries, which could affect your treatment when making your spa reservation. Heat and water facilities are not recommended for pregnant women. Guests who appear to be under the influence of alcohol will be declined access to treatments and the spa facilities.

CANCELLATION POLICY
For cancellations or changes in appointments, a minimum 24 hours advance notice is required in order to avoid being charged in full.

ATTIRE
Disposable underwear is available upon request. Swimwear is required if you wish to use the water facilities.

AGE REQUIREMENT
Spa guests must be at least 18 years of age.

ARRIVAL TIME
We encourage you to arrive 30 minutes prior to your scheduled appointment. This will allow you to enjoy our water facilities. Please understand that late arrivals will not receive an extension of scheduled treatments.

SPA ETIQUETTE
Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. Use of mobile phones and cameras are not permitted within the spa. Externally purchased food and beverages cannot be brought in and consumed in the spa.

SPA RETAIL
We retail a complete range of skincare and body products for you to recreate the spa regime at home or in the comfort of your guest room.

GIFT CERTIFICATES
Gift certificates are available for purchase online at www.ritzcarltonspasingapore.com

A Certificate of Insurance by Bolttech Insurance Brokers Pte Ltd will immediately be issued upon purchase of The Ritz-Carlton, Millenia Singapore's spa/gym membership and/or gift certificates.

REFUND POLICY
Any product purchased that is defective or damaged will be replaced or exchanged. An exchange can be made during the cooling off period of 5 working days for another item of similar value or less. Our Spa does not practice a full refund policy on retail goods.

LOSS OR DAMAGE
We will not be held liable for any loss or damages to personal belongings during your visit.

ACCIDENTS OR INJURIES
We will not be held liable for any accidents or injuries sustained during your visit.

PRICES
All prices are in Singapore Dollars, subject to prevailing service charge, goods and services tax.

OPENING HOURS
Spa Treatments: 9 a.m. to 9 p.m.
Swimming Pool: 6 a.m. to 10 p.m.
Fitness Centre: 24 hours

THE RITZ-CARLTON

MILLENIA SINGAPORE

7 RAFFLES AVENUE
039799 SINGAPORE

65.6337.8888
RITZCARLTON.COM/SINGAPORE