THE SHAKE BAR

FUEL BLENDS

Protein-packed shakes crafted to energize and restore

MOCHA-LICIOUS 16

Tanamera Cold Brew, Almond Milk, Caramelized Banana, Activated Oats, Cacao, 75% Dark Chocolate, Chocolate Whey
Calories 310 kcal | Protein 35g | Carbs 20g | Fat 8g

SHREDDER 12

Young Coconut Water, Vanilla Bean, Greek Yogurt, Vanilla Whey, Himalayan Pink Salt
Calories 158 kcal | Protein 25g | Carbs 12g | Fat 1g

HULK BULK 16

Young Coconut Water, Banana, Chunky Peanut Butter, Chia Seeds, Wildflower Honey, Chocolate Whey, Whipped Cream
Calories 360 kcal | Protein 32g | Carbs 36g | Fat 12g

MATCHA MOMENTUM 16

Almond Milk, Banana, Almond, Matcha Powder, Vanilla Whey
Calories 202 kcal | Protein 30g | Carbs 18g | Fat 7g

BASICALLY ACAI 16

Young Coconut Water, Açaí Purée, Forest Berries, Honey, Greek Yogurt, Choice of Protein
Calories 320 kcal | Protein 34g | Carbs 28g | Fat 4g

ADD ON PROTEIN SCOOP 4/scoop

Vanilla - 31g
Protein 24g

Chocolate - 30.4g
Protein 24g

CREAMY CLASSICS

Rich, indulgent milkshakes made for pure enjoyment

MILKSHAKE 15

Vanilla | Strawberry | Chocolate | Pistachio

Prices are in Singapore dollars, inclusive of 10% service charge and prevailing government taxes.