

THE SPA AT THE
TOKYO TORANOMON
EDITION

MENU OF SERVICES

A BLEND OF LUXURY AND COMFORT

Treatments That Listen to the Needs of Your Body and Skin

Every treatment at The Spa at The Tokyo EDITION, Toranomon begins with a thoughtful consultation led by our highly skilled therapists.

Your journey starts with a warm oshibori towel infused with one of three Japanese essential oils—kuromoji (Japanese spicebush), magnolia, or hinoki cypress, allowing you to relax in a soothing, forest-inspired aroma. You will also be served our signature welcome drink, a gentle blend of eight herbs and honey complemented by ginger sourced from Kochi Prefecture. By listening carefully to each guest's needs—your physical condition, treatment preferences, desired results, specific concerns, and purpose of visit—we are able to recommend a treatment that truly responds to the needs of your body, skin, and mind.

The products used in our treatments have been carefully selected from three brands that meet rigorous global and Japanese standards. Combining the power of nature with cutting-edge scientific innovation, our customizable selection offers the best of both worlds.

Absolution

A Parisian organic skincare brand certified under France's stringent organic standards. Formulated with more than 96% naturally derived ingredients, Absolution is dedicated to restoring the skin's natural balance and helping it resist environmental stressors. Its collection features gender-neutral fragrances and textures suitable for all.

Bioprogramming

A skincare and haircare brand developed by the Japanese technology company Lumielina, based on its proprietary physics-based theory. Its flagship line, TIARALEEN, pursues the essence of beauty, well-being, and inner harmony, applying advanced technologies developed through scientific, empirical, and experiential research from a quantum perspective.

M/EDICAL PROOF

An innovative Japanese premium anti-aging skincare brand that applies next-generation technologies derived from regenerative medicine and dermatological research. The brand's proprietary Deep In Act (DIA), Hyper-Penetration Technology, delivers active ingredients deep into the skin's stratum corneum without the use of needles or invasive cosmetic procedures. This highly functional approach has earned strong recognition from professionals across the beauty and fashion industries.

Dedicated to beauty and wellness, our treatments harmoniously blend luxury with comfort, offering personalized care that responds to the unique needs of your body and skin. Experience a treatment designed to listen to what your body, skin, and mind are truly asking for.

SPA GUIDELINES

Please familiarize yourself with these Spa Guidelines to ensure that you enjoy your spa experience to the fullest.

WHEN MAKING YOUR RESERVATION

Please inform us of the following upon your reservation:

- Allergies or medical conditions including injury and pregnancy
- Requesting a specific therapist (fee-based)
- Celebrating any special occasions

Please provide a valid credit card number and expiration date at the time of booking (excluding hotel guests).

The use of the pool and gym are complimentary to hotel guests.

HOURS OF OPERATION

Spa: 10:00AM – 10:00PM

Indoor Pool: 7:00AM – 10:00PM

Gym: 24 hours

SERVICE CHARGE AND TAX

The listed prices are inclusive of a 15% of service charge and 10% consumption tax.

EDITION ETIQUETTE

ARRIVAL TIME

Please arrive at least 15 minutes prior to your appointment. Hotel guests are free to enjoy the indoor pool and gym. If you arrive late, we kindly ask for your understanding that your spa treatment will be shortened in order to conclude at the scheduled time, and you will be charged for the full price of your scheduled treatment.

VALUABLES

We are not responsible for any personal items and / or valuables in the spa or lockers. Please refrain from bringing your valuables with you to the spa.

USE OF ELECTRONIC DEVICES

To protect the privacy of our guests and to preserve the guest experience, all use of cell phones, electronic devices and cameras are prohibited in the spa.

AGE REQUIREMENTS

Spa treatments can be enjoyed by those 16 years of age or older.

ENHANCING YOUR EXPERIENCE

Shaving is not recommended prior to body treatments. Men are not required to shave prior to receiving facials. Your spa experience is your time to enjoy to the fullest. We encourage you to inform your therapist if you feel any discomfort due to room temperature, massage pressure, music volume or any other conditions.

FOOD AND BEVERAGE

Please refrain from bringing any outside food or alcohol into the spa. In addition, we reserve the right to refuse spa access to any guest who appear to be intoxicated.

CANCELLATION POLICY

A 100% cancellation charge will incur for any cancellations made within 12 hours of the scheduled appointment.

SIGNATURE SPA TREATMENTS

Experience our exclusive, signature treatments at The Tokyo EDITION, Toranomon, promising the utmost in luxury and relaxation. Choose from four treatments tailored to your needs – replenish your energy with these unique and rejuvenating experiences.

TOKYO EDITION SIGNATURE MASSAGE

Using the EDITION signature Black Tea fragrance oil, this full-body treatment is offered at EDITION hotels worldwide, each incorporating the essence of its local destination. At The Tokyo EDITION, Toranomon, the treatment is themed around ‘black,’ the brand’s signature color, and draws on uniquely Japanese elements and ingredients. It invites you into a realm of unparalleled relaxation, engaging all your senses, and fostering deep rejuvenation.

Products: EDITION Signature Body Oil

Procedure: Foot ritual, back dry massage (short), full body oil massage, scalp treatment with essence

90 min | ¥45,000

GRACIOUS EDITION

This treatment focuses on cellular activation from head to toe, using a luxurious amount of Bioprogramming products. Customized to the needs of your body, our signature massage techniques are paired with Bioprogramming oil crafted through advanced optical technology, delivering the ultimate relaxation experience. The treatment includes a facial to relieve tension and reduce the effects of sagging on the face. For the scalp, products are applied in layers as your therapist massages away built-up tension. Engaging all five senses, this treatment leaves you with a renewed sense of self.

*Please note that you will be asked to wash your hair after the scalp treatment.

Products: Bioprogramming

Procedure: Foot ritual, full body massage (oil or oil & dry), full scalp treatment, shower, facial

180 min | ¥96,000

ENCHANT EDITION

Indulge in a blissful experience surrounded by Absolution’s captivating scents, awakening your senses. The skin is exfoliated with volcanic rhyolite, scrubbing away dead skin and leaving your skin looking radiant. A natural-bristle and copper-fiber brush gently activates the skin, while a bewitching almond oil deeply nourishes and helps promote a sense of flow and balance throughout the body.

Products: Absolution

Procedure: Foot ritual, full body gommage, shower, body treatment

120 min | ¥62,000

AUTHENTIC EDITION

Choose between a full-body dry massage or oil massage (on the back only), tailored to your mood or preference. Carefully easing body tension, the oil option creates a synergistic effect of relaxation akin to falling into a deep slumber.

Products: Bioprogramming

Procedure: Foot ritual, full body dry massage, scalp treatment with essence

90 min | ¥45,000

BODY TREATMENTS

Indulge in a tranquil escape from the everyday noise, inviting a serene moment to fully immerse and engage your senses. Our body treatments soothe both mind and body through exceptional technique, offering the ultimate relaxation.

DEEPLY MASSAGE

Gently releasing deep-rooted tension and stubborn knots that accumulate from daily stress, this body massage loosens stiffness and restores vitality throughout the body. Techniques that carefully address even the abdominal area help release deep-seated tension throughout the body, allowing the oil to be fully absorbed and enhancing the overall benefits of the treatment.

Products: Bioprogramming

Procedure (60min): Foot ritual, dry massage (face down), back oil massage, upper body stretch, dry scalp treatment

Procedure (90min): Foot ritual, full body dry (stretch) & oil massage, scalp treatment with essence

60 min | ¥35,000 90 min | ¥45,000

RELAXED MASSAGE

With long strokes and plenty of oil, this massage provides deep relaxation for the body and soul. Your experienced therapist draws inspiration from lomi lomi and Balinese massages for the ultimate technique that creates the relaxing effect akin to a deep slumber.

Products: Bioprogramming

Procedure (60min): Foot ritual, full body oil massage, dry scalp treatment

Procedure (90min): Foot ritual, scalp treatment with essence, full body oil massage

60 min | ¥35,000 90 min | ¥45,000

GOMMAGE DETOX

Your therapist will condition your skin from head to toe with Absolution's gentle yet powerful body scrub. Volcanic rhyolite exfoliates your skin along with moisturizing sunflower oil, leaving your skin smooth and even toned. After a shower, your therapist will give you a lymphatic drainage massage while you enjoy the sweet almond fragrance of the skin conditioning oil.

Products: Absolution

Procedure: Foot ritual, full body gommage, shower, full body oil care

60 min | ¥38,000

CORPS RE-START

Your therapist will massage your whole body with a natural-bristle and copper-fiber brush from Absolution to stimulate your skin, lymphatic flow, and circulation. Cocooned in a sweet fragrance of almond, the gentle touch will leave your skin feeling velvety soft.

Products: Absolution

Procedure: Foot ritual, full body treatment (brushing)

75 min | ¥37,000

CORPS RE-SCULPT

With Absolution's unique "Pinch and Roll" technique using suction cups and gentle, rhythmic touch, this treatment stimulates circulation throughout the body, relieves physical and mental tension, and leaves the skin silky smooth.

Products: Absolution

Procedure: Foot ritual, full body treatment (silicone cap & soothing treatment)

75 min | ¥37,000

PRENATAL MASSAGE

A massage specially designed for pregnant woman to celebrate this extraordinary time in her life. The massage relieves tension and rids the body of pregnancy-related stressors, awakening a sense of relaxation from your body's core.

*Suitable for expectant mothers between the 4th and 9th month of pregnancy.

Products: Bioprogramming

Procedure: Foot ritual, dry scalp treatment, full body massage on face up & on side

75 min | ¥39,000

CUSTOM BODY MASSAGE

For those short on time, our 45-minute massages are for you. Your therapist will ask you about your needs and target specific areas of your body that need it most.

45 min | ¥28,000

FACIALS

Our facial treatments are designed to revitalize your skin to its best condition. Our seasoned therapists conduct thorough counseling to curate a facial perfect for your skin type and the condition that it is in. Experience our facials to awaken your skin's innate beauty, leaving it noticeably transformed.

SOIN ABSOLU

A luxurious facial with everything Absolution has to offer. You will feel reborn with Absolution's soothing effects and the therapist's experienced, carefully tailored techniques. The plaster mask moisturizes and softens the skin, enhancing its natural radiance.

Products: Absolution

Procedure: Foot ritual, cleansing & gommage, décolleté & facial massage, plaster mask

90 min | ¥45,000

LE SOIN LIFT

A facial treatment using unique techniques to target specific concerns. A rose quartz gua sha and plaster mask are used to tighten facial contours, add moisture and elasticity, and brighten the skin.

Products: Absolution

Procedure: Foot ritual, cleansing & gommage, décolleté & facial massage, plaster mask

90 min | ¥45,000

SIGNATURE ABSOLUTION

If this is your first experience with Absolution, start here. With gentle, soothing touches, your therapist will apply the ideal cream and serum suited to your skin's condition that day. The facial ends with a plaster mask to moisturize your skin, leaving it radiant.

Product used: Absolution

Procedure: Foot ritual, cleansing & gommage, décolleté & facial massage, plaster mask

60 min | ¥35,000

VITALITE REGARD

A targeted treatment to relieve the area around the eyes from the exhaustion of the daily grind. As the tension slips away, you'll feel like you're seeing the world through new eyes. Look into the mirror to see a younger face looking back at you.

Product used: Absolution

Procedure: Foot ritual, cleansing & gommage, décolleté & targeted eye massage, cream mask

60 min | ¥35,000

PEAU NETTE

This tailored treatment will melt your skin troubles away. Whether sensitive in general or specific to seasonal changes, your therapist will infuse your skin with an intensive serum that provides the nourishment it needs, leaving it supple and well-balanced.

Products: Absolution

Procedure: Cleansing & gommage, décolleté & facial massage (activating technique), cream mask

45 min | ¥25,000

CUE PEAU VISAGE

A quick facial to moisturize and firm area around the eyes, this treatment uses two types of masks each tailored to the conditions of the T-zone and U-zone to help you achieve the best skin condition possible.

Products: Absolution

Procedure: Cleansing & gommage, décolleté & facial massage (soothing technique), cream mask
45 min | ¥25,000

SKIN TIMECESS

In this science-based facial, TIARALEEN from the Bioprogramming line is used to unlock the hidden potential of your skin and bring out your innate beauty. You'll be amazed by the radiance of your skin that you won't be able to help but smile when you touch your skin.

Products: Bioprogramming

Procedure: Foot ritual, cleansing, foaming facial wash, décolleté & facial massage,
sheet mask

60 min | ¥35,000

M/EDICAL PROOF FACIAL

This facial features products from M/EDICAL PROOF, the ultimate self-renewing anti-aging brand. Addressing a wide range of concerns, including enlarged pores, dullness, and loss of firmness, it helps restore a youthful-looking complexion and enhance the skin's natural radiance.

Products: M/EDICAL PROOF

Procedure: Foot ritual, cleansing, enzyme foam peeling, décolleté & facial massage,
modeling mask

60 min | ¥36,000

SCALP TREATMENTS

Uniquely sophisticated head treatments using exquisite products, unlike any other. Offering the perfect balance of stimulation and relaxation to recover from fatigue, delivering an awakening sensation.

HAIR TIMECESS SCALP THERAPY

If you feel tension in your scalp, this treatment is for you. Luxurious quantities of Bioprogramming products are layered on your scalp as your therapist relieves the tension from your scalp and shoulders, creating a sense of deep tranquility.

*Please note that you will need to wash your hair after the scalp treatment.

Product used: Bioprogramming

Procedure: Full scalp treatment (essence, shampoo, conditioner, massage),
décolleté massage, shower

45 min | ¥25,000

DRY HEAD THERAPY

A quick dry head treatment to instantly release tension from your scalp. Using scalp lotion from the latest beauty brand M/EDICAL PROOF, experienced therapists will provide a deep relaxation and meditation experience incorporating scalp brushing and treatment. Particularly beneficial for easing the effects of jet lag, this treatment offers a restorative and relaxing experience for those recovering from long-haul travel.

*The 30-minute course does not require you to change into spa wear.

Products: M/EDICAL PROOF

Procedure (30min): Scalp treatment with essence & brushing, scalp massage

Procedure (60min): Foot ritual, scalp treatment with essence & brushing, scalp massage,
décolleté & hand massage, meditation time

30 min | ¥18,000 60 min | ¥30,000

PACKAGES

Indulge in the potent power of plants from French skincare brand Absolution, the cutting-edge innovation of Bioprogramming, and the ultimate self-renewing anti-aging products of M/EDICAL PROOF. Package menu items combine body, facial, and scalp treatments to experience the utmost in holistic beauty.

M/EDICAL PROOF FACIAL & SCALP

A facial and dry scalp package using M/EDICAL PROOF, the ultimate self-renewing anti-aging product. This facial is designed to address all skin problems such as pores and dullness, and quickly releases tension from the scalp, leading to deep relaxation and a healthy scalp.

Products: M/EDICAL PROOF

Procedure: Foot ritual, scalp treatment with essence & brushing, scalp massage, cleansing, enzyme foam peeling, décolleté & facial massage, modeling mask

90 min | ¥48,000

BIOPROGRAMMING BODY & FACIAL

Body and facial treatment using the luxurious “TIARALEEN” line from Bioprogramming. This custom treatment by skilled therapists will release tension from your body and face, awakening the cells.

Products: Bioprogramming

Procedure: Foot ritual, full body oil massage, facial (cleansing & foam face wash, quick facial massage, sheet mask)

90 min | ¥48,000

BIOPROGRAMMING SCALP & FACIAL

A scalp and facial treatment with luxurious quantities of products from Bioprogramming. Moisturizing hair products are applied in mille-feuille-like layers as an experienced therapist relieves the tension from your scalp with a soothing touch. The facial massage you receive simultaneously heightens the effect, making you feel awake and refreshed.

(Please note that you will need to wash your hair after the scalp treatment.)

Products: Bioprogramming

Procedure: Foot ritual, full scalp treatment, cleansing & foaming facial wash, shower, décolleté & facial massage, sheet mask

90 min | ¥48,000

ABSOLUTION BODY & FACIAL

Body and facial treatment using products from the organic brand, Absolution. The treatment is tailored to your condition and mood. The therapist's soothing touch and the potent power of plants will leave your body and skin beautiful and healthy.

Products: Absolution

Procedure: Foot ritual, body oil treatment (face down with brushing or cupping), facial (cleansing & gommage, facial massage, plaster mask)

90 min | ¥48,000

ADD-ONS

Add-ons can be reserved in combination with other treatments.

Please note that add-ons cannot be booked as a stand-alone service.

OPTIONAL BODY MASSAGE

Can be added to any BODY, FACIAL, or SCALP treatment

For those who wish to lengthen their body massage or in combination with a facial or scalp treatment.

30 min | ¥17,000

SKIN TIMECESS MINI FACIAL

Can be added to any BODY or SCALP treatment

This quick facial featuring TIARALEEN from Bioprogramming is a great addition to our body massages.

Products: Bioprogramming

Procedure: Cleansing & foaming facial wash, quick facial massage, sheet mask

30 min | ¥18,000

GOMMAGE BODY RITUAL

Can be added to any BODY, FACIAL or SCALP treatment

Ritual using French volcanic rhyolite to exfoliate and moisturize your skin. Ideal if you're short on time or want something quick in combination with other treatments.

Products: Absolution

Procedure: Full body scrub, shower, full body moisturizing milk

30min | ¥18,000

HOT STONE BODY

Can be added to OIL BODY

Smooth basalt stones radiate heat deep inside the muscles to relieve tension and stress.

30 min | ¥20,000

CUPPING BODY RITUAL

Can be added to OIL BODY

Silicone suction cups are slid over the body to promote lymph circulation and keep skin smooth.

30 min | ¥17,000

DRY SKIN BRUSHING

Can be added to any BODY treatment

Enjoy a refreshing full body exfoliation brushing prior to any massage to instantly soften and revitalize your skin, enhancing the effects of your massage.

15 min | ¥8,000

PRIVATE SAUNA SUITE

Enjoy two types of private saunas, dry and steam, prior to your treatment to heat your body from its core, not only for relaxation but to enhance the effects of your treatment.

*The saunas are also available for use without a treatment.

30min | ¥8,000

ENHANCEMENTS

Optimize your treatments with these enhancements.

(Completed within the scheduled treatment time)

Please note that enhancements cannot be booked as a stand-alone service.

HAIR TIMECESS SCALP ESSENCE

Enhance any BODY or FACIAL treatment

Bioprogramming's water-soluble essences relieve tension throughout the scalp and neck. Add deep-nourishment to the scalp, leaving hair silky, shiny, and healthy.

¥3,000

SAPPHAROYALE (MOISTURE SHEET MASK)

Enhance any BODY or SCALP treatment

Apply a TIARALEEN face masks from Bioprogramming, focusing on cell regeneration, during any head or scalp treatment to add moisture and elasticity to your skin.

¥4,000

REQUEST A SPECIFIC THERAPIST

¥4,000

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4-1-1 TORANOMON, MINATO-KU, TOKYO 105-0001
PHONE +813-5422-1640 EMAIL SPA.TOKYO@EDITIONHOTELS.COM