# SEAFOOD & SHAREABLES

BEEF TARTARE ★ 35
*Smoked burrata, Black truffle, Cranberry mustard, Shallot, Caper, Chives, Chili oil, Lavash*
contains dairy, gluten

STUFFED CHICKEN WINGS 2 | 4 28 | 52
*Chicken lacquer, Duxelles, Pickled cipollini, Fuji apple*
contains gluten & soy

OYSTER 7
*Black garlic mignonette, Lemon, Hot sauce, Horseradish*
contains shellfish

GLAZED BAO 18
*Tamarind glaze, Tempeh or brisket, Grilled scallion pesto, Sambal aioli, Pickled carrots, Cilantro*
contains gluten & soy

SEAFOOD PLATTER | TOWER 125 | 250
*Lobster tail, Oysters, Hamachi, Crab claw, Poached shrimp, Black garlic mignonette, Lemon, Hot sauce, Cocktail sauce*
contains shellfish, seafood & soy

HAMACHI CRUDO 32
*Yuzu kosho, Shallots, Cilantro, Bossam*
contains seafood & soy

FRIES | TRUFFLE FRIES 19 | 21
*Sea salt & Thyme | Truffle parmesan*
contains egg & dairy

SHRIMP TOAST 24
*Anchovies, Tobiko, Crab rangoon, Gravlax*
contains shellfish, seafood & gluten, dairy

CRISPY BRUSSELS SPROUTS 27
*Orange, Pomegranate, Feta crumble, Chili, Scallions*
vegetarian I contains dairy & sesame

JAPANESE SWEET POTATO 29
*Brown butter maple, Kimchi jam, Pickled slaw*
vegetarian I contains dairy

SOUP OF THE DAY 19

# SALADS

CAESAR 25
*Romaine, Applewood smoked bacon, Croutons, Parmigiano Reggiano, Lemon, Anchovies*
contains gluten, seafood, egg & dairy

ROASTED SQUASH SALAD 25
*Maple tahini, Arugula, Apple, Pumpkin seeds*
vegetarian I contains sesame

MEDITERRANEAN SALAD 25
*Arugula, Heirloom tomatoes, Lavash, Carrots, Shallots, Peppers, Apple, Olives*
vegan | contains gluten

WARM HARVEST SALAD 26
*Roasted kohlrabi, Brussels sprouts, King oyster mushroom, Baby kale, Goat cheese, Cranberry, Candied walnuts, Crispy sage*
vegetarian I contains tree nuts & dairy

## ADD YOUR CHOICE OF PROTEIN

6 OZ ONTARIO CHICKEN SKEWERS 15 | 5 OZ ALBERTA FLANK STEAK 20
B.C. HERBED SHRIMPS 19 | 6 OZ B.C. SALMON 19 | 5 OZ TOFU 14

◦ ALL SEAFOOD IS SUSTAINABLY SOURCED AND WILD CAUGHT ◦

★ Chef's Recommendation  Healthy Option

# MAINS

**EPOCH BURGER ★** 32
*Ontario 8oz beef Or Veggie patty, Brie, Mushroom, Pickled shallots, Truffle aioli*
contains seafood & soy

**JERK CHICKEN** 39
*Ontario half chicken, Chermoula labneh, Fresh slaw*
contains dairy

**PECAN CRUSTED SALMON** 48
*Mulled wine glaze, Pecan, Heirloom carrots, Sage*
contains seafood

**EARTH & GRAIN** 28
*Pearled barley, King oyster mushroom, Bok choy, Pickled shimeji, Wild rice, Pumpkin seeds, Fermented chili crisp*
vegan

**10 OZ ALBERTA PRIME STRIPLOIN** 62
*Truffled egg, Cippolini, Peppercorn jus*
contains dairy & egg

**LAMB RIBS ★** 38
*Spiced Canadian lamb, Date gastrique, Pistachio dukkah, Grilled broccolini*
contains tree nuts

**MISO COASTAL STEW** 48
*Scallops, Mussels, Shrimp, Udon, Thai basil, Miso rouille, Sourdough*
contains shellfish, dairy, egg & gluten

**ALE-BRAISED BEEF** 56
*Charred brussels sprouts, Roasted carrots, Mashed potato, Ale jus*
contains dairy

INCLUDES ANY SIDE

CAESAR SALAD | BRUSSELS SPROUTS | MASHED POTATOES
GRILLED VEGETABLES | FRIES | MEDITERRANEAN SALAD

# DESSERTS

**SMORES TART** 19
*Chocolate Cremeux, Graham crumble, Vanilla Bavarian, Marshmallow, Cherry compote*
contains gluten, egg & dairy

**APPLE UPSIDE DOWN CAKE** 19
*Caramelized apple, Cinnamon butter cake, Oatmeal streusel, Vanilla ice cream*
contains gluten, dairy & egg

**CHEESE PLATE** 36
*Selection of three cheeses, Grapes, Sourdough, Honey*
contains gluten & dairy

**WARM BROOKIE** 19
*Chocolate brownie baked with Chocolate chip cookie dough, Vanilla ice cream, Caramel sauce*
contains gluten, egg & dairy

**COCONUT CASHEW CHEESECAKE** 19
*Vegan crust, Cashew cheesecake, Cranberry pear compote, Coconut sorbet*
vegan | contains nuts

**SELECTION OF ICE CREAM** 12
contains dairy

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