WHERE THE JOYS
OF GREAT FOOD
MEET THE PLEASURES OF
GREAT COMPANY

43 DOWN

SHAREABLES

Smoked Almonds GF | DF | N | VG — 9

Warm Mediterranean Olives GF | DF | NF | VG — 12

Garlic Parmesan Fries G | D | NF | V — 14
Truffle Fries, Parmigiano Cheese, Black Garlic Aioli

ADVENTUROUS OFFERINGS

The Forbidden Slaw G | DF | NF | V | H — 20
Crisp Ramen, Baby Kale, Forbidden Rice Crunch, Green Mango Edamame, Carrot, Cucumber, Lotus Chips, Ginger Hoisin Vinaigrette

Lemon Herb Whipped Ricotta G | D | N | V | H — 26
Roasted Vine Grapes, Blistered Tomatoes, Toasted Almonds Waterfall Honey, Bee Pollen, Balsamic Glaze, Grilled Herb Bread

Tuna Tataki GF | NF | DF | SF | H — 28
Black Lime Crusted Ahi Tuna, Crimson Orange, Cilantro Jicama, Bonito Flakes, Pickled Ginger, Calamansi Jalapeno Tiger's Milk

Chicken Chorizo Empanadas GF | DF | NF — 27
Roasted Chicken, Chorizo Sausage, Cucumber Tomato Salsa Chipotle Mango Aioli, Chimichurri Essence

Braised Beef Short Rib Crepes G | D | NF — 28
Ginger Hoisin Pulled Beef Short Ribs, Carrots, Cucumber Pea Shoots, Citrus Aioli, Crepes, Crispy Wontons, Sweet Bean Sauce

Grilled Tandoori Prawns G | D | NF | SF | H — 25
Saffron Aioli, Papadum, Naan Bites, Crisp Lentils Tomato Cucumber Salsa

Double Stack Smash Burger G | D | NF — 30
6oz Wagyu Beef, Caramelized Onions, Sauteed Mushrooms Swiss Cheese, Garlic Noir Aioli, Crisp Fries
$1 From every Double Stack Smash Burger will be donated to SickKids Hospital.

Steak Frites G | DF | NF — 48
10 oz Cast Iron Grilled Picanha Steak
Served with Crisp PEI Fries, Chimichurri Sauce and Horseradish Aioli

DESSERT

43 Down Black Forest Cake G | D | NF — 18
Chocolate Genoise, Mousse, Cherry Compote,Vanilla Creme Anglaise

G-Gluten | D-Dairy | N-Nuts | GF-Gluten Free | DF-Dairy Free | NF-Nut Free
VG-Vegan | V-Vegetarian | SF-Seafood | H-Halal

Please advise your server of any allergies or dietary restrictions prior to ordering.
There's more to enjoy.

SHERATON CLASSICS

Celebrate the essence of Sheraton with signature cocktails crafted to elevate every moment.

Boulavardier 3oz — 24
Collingwood Whiskey, Campari, Dillon's Vermouth

Old-Fashioned 2oz — 23
Lot No. 40 Dark Oak Whiskey, Bitters, Simple Syrup

Empress Sour 2oz — 24
Empress Elderflower Rose Gin, Lime Juice, Lemon Juice, Simple Syrup, Egg White

Hazelnut Haze Martini 2oz — 22
Espresso, Frangelico, Amaretto, Averna Amaro

43 DOWN CLASSICS

Experience bold, creative flavours inspired by the unique spirit of 43 Down.

The 43rd Sense 2oz — 22
Tromba Tequila, Cointreau, Lime Juice, Pomegranate Juice, Simple Syrup, Habanero Syrup
Served with an edible Szechuan flower - a botanical that amplifies flavour and creates a lively, buzzing sensation on the palate.

Melon Magic 2oz — 21
Kettle One Vodka, Crème De Melon, Crème De Banana, Egg Whites, Lemon Juice

La Vie en Rose 2oz — 24
Lavande 43 Gin, Frozen Rose Crystal, Elderflower St-Germain, Lime Juice, Topped with Sparkling Rosé

Duck Fat Whiskey Sour 2oz — 22
Duck Fat-infused Whiskey, Lemon Juice, Lime Juice, Egg White

The Campfire 2oz — 24
Lot No. 40 Dark Oak Whiskey, Johnnie Walker Black Label, Caramel Syrup, garnished with Toasted Marshmallow
Smoked under a smoke dome to intensify aroma and add a subtle, savoury complexity.

Dusk Old-Fashioned 2oz — 23
Lot No. 40 Dark Oak Whiskey, Maple Syrup, Muddled Cranberries, Orange Bitters

Coconut Clover Club 1.5oz — 23
Captain Morgan White Rum, Lemon Juice, Egg White, Coconut Syrup, Simple Syrup

Layover 2oz — 22
Empress 1908 Elderflower Gin, St-Germain, Lemon Juice, Muddled Cucumber & Rosemary, Splash of Soda

Velvet Ember 2oz — 21
Lavende 43 Gin, Aperol, Sweet Vermouth
House gin gently sous-vide infused with orange rind for three hours.

Sandra D'amour 2oz — 22
Don Julio Repasado, Aperol, Edible Flower, Tropical Juice

Orange You Glad 1.5oz — 20
Empress 1908 Gin, Lemon Juice, Orange Juice, Soda Water, Honey Simple Syrup

After a good meal and before a good sleep, a nightcap is the best treat.

BEERS

ON TAP 18oz

Flying Monkey Juicy IPA ABV 6.5 | IBU 69 — 16

Flying Monkey 12 Minutes To Destiny Hibiscus Pale Lager ABV 4.1 | IBU 8 — 14

Lost Craft Divercity Lager ABV 5 | IBU 15 — 14

Amsterdam Brewing Blonde ABV 5 | IBU 15 — 16

Cowbell Hazy Days IPA ABV 6 | IBU 36 — 14

Blood Brothers Bloodvar Pilsner ABV 5 — 16

Side Launch Wheat Beer ABV 5.3 | IBU 15 — 14

Woodhouse Nordic Pale Ale ABV 5.2 — 16

Woodhouse Stout ABV 4.7 | IBU 40 — 16

Flying Monkey Raving Loops Amber Lager ABV 4.3 | IBU 21 — 14

Flying Monkey World Away Modern Lager ABV 4.7 | IBU 16 — 14

Amsterdam Brewing Big Wheel Amber ABV 5 | IBU 23 — 14

Amsterdam Brewing Boneshaker IPA ABV 7.1 | IBU 80 — 16

Woodhouse Lager ABV 5 | IBU 17 — 14

Espresso Martini ABV 16 — 21

Cowbell Apple Cider ABV 5 — 14

SPARKLING & WINES

BUBBLES 5oz / BTL

Principi di Porcia — 22 / 105
Prosecco Superiore DOCG Millesimato | Veneto, Italy

Moet & Chandon — / 190
Imperial Brut / Champagne, France

Henry of Pelham — 32 / 135
Cuvée Catharine NV Brut Rosé / Niagara Peninsula

Veuve Clicquot (375ml) — / 100
Yellow Label Brut / Champagne, France

ROSE 6oz / 9oz / BTL

Bricco del Prejé — 23 / 35 / 95
Barbera Rosato DOC / Piemonte, Italy

WHITES 6oz / 9oz / BTL

Nautilus — 26 / 38 / 105
Sauvignon Blanc | Marlborough, New Zealand

Felino — 24 / 36 / 95
Chardonnay | Mendoza, Argentina

Tawse — 28 / 38 / 105
Chardonnay | Niagara Peninsula

Domaine Gautherin — / 195
Chablis | Burgundy, France

Frecciarossa — 30 / 44 / 120
'Sillery' Pinot Nero Bianco DOC | Lombardia, Italy

Principi di Porcia — 23 / 35 / 95
Pinot Grigio DOC | Friuli-Venezia Giulia, Italy

Collestefano — / 125
Verdicchio di Matelica DOC | Marche, Italy

REDS 6oz / 9oz / BTL

Felino — 24 / 36 / 99
Cabernet Sauvignon / Mendoza, Argentina

Alto Molino — 19 / 27 / 75
Malbec / Salta, Argentina

Vignole — 30 / 44 / 120
Chianti Classico 'Regginino' | Tuscany, Italy

Yarran — 19 / 27 / 75
Shiraz / Victoria, Australia

Badia di Morrona — 30 / 44 / 120
Taneto IGT | Tuscany, Italy

Bachelder — 28 / 42 / 115
Les Villages Niagara Gamay Noir | Niagara Peninsula

Opawa — / 140
Pinot Noir | Marlborough, New Zealand

Château Roquegrave — / 125
Bordeaux | France

Marqués de Murrieta — / 190
Rioja Reserva | Rioja, Spain

Domaine Chante Perdrix — / 210
Châteauneuf-du-Pape | Rhône Valley, France

La Querce — / 135
'La Torretta' Chianti Colli Fiorentini Riserva | Tuscany, Italy

La Magia — / 170
Rosso di Montalcino DOC | Tuscany, Italy

Celebration or a night out isn't the same without bubbles & wine.

SPIRITS

SINGLE MALT SCOTCH 1oz

Distilled in Scotland and matured in oak casks.

Islay

Laphroaig 10 Year	22
Lagavulin 16 Year	28

Speyside

Macallan 12 years	24

Highlands

Glenmorangie Quinta Ruban	26
Glenmorangie Original	19
Dalwhinnie 15 Year	28
Dalmore 12 Year	22

LIQUOR

Gin 1 oz

Local Spirit Dry	11
Empress Indigo	13
Empress Cucumber Lemon	13
Hendricks	13
Botanist	15
Lavende 43	11

Vodka 1 oz

Local Spirit	11
Grey Goose	14
Ciroc	12
Ren Premium	14
Kettle One	12

Whisky 1 oz

Local Spirit	11
Jameson	12
Glendalough Double Barrel	14
Johnnie Walker Black	17
Caribou Crossing Single Barrel	22
Royal Salute 21 Years	36
Maverick Barnburner	12
Lot No. 40 Dark Oak	15
Collingwood	12

Tequila 1 oz

Dejado Silver Blanco	11
Cazadores Blanco	12
Cazadores Reposado	11
Clase Azul Tequila	32
Tromba Reposado	22
Casamigos Mezcal (Limited Availability)	24
Casamigos Blanco	20
Patron Silver	24
Don Julio Reposado	20
Don Julio 1942	32

Rum 1 oz

Runners White	11
Captain Morgan White	12
Captain Morgan Dark	12
Captain Morgan Spiced	12
Appleton Estate V/X Signature Blend	12
Plantation Grande Reserve	12
Flor de Caña Centenario 12 Year Rum	13

Japanese Whisky 1 oz

Hibiki Harmony (Limited Availability)	48

DIGESTIFS/SHERRY 1.5oz

A meal just isn't complete without one!

Hine Rare VSOP	26
Hennessy VS	16
Briottet Cognac Grande Champagne	46
Rémy Martin Louis XIII (10z)	345
Rémy Martin Louis XIII (0.5 oz)	175

NIGHTCAP

ZERO PROOF

alcohol-free

Grapevine Breeze 18
Juniper Botanicals, Coconut Syrup, Lavender Bitters, Grapes, Lime Juice, Basil

Firecracker 16
Grapefruit Juice, Lime Juice, Homemade Chili Syrup, Ginger Beer

IPA 12
Athletic Brewing

Bees Love Lavender 18
Juniper Botanicals, Lemon Juice, Homemade Honey Simple Syrup, Lavender Bitters

Vert Yuzu Sour 16
Green Tea, Matcha, Yuzu Syrup, Egg White, Homemade Simple Syrup

Get into the spirit.

OUR JOURNEY TO CREATE OUR HOUSE GIN

LAVANDE43GIN

DISCOVER 43 DOWN MIXOLOGY LOUNGE

Located in the vibrant heart of downtown Toronto, the Sheraton Centre Toronto stands out for its inviting atmosphere. At its core lies the 43 Down Mixology Lounge, where cocktail making is elevated to an art form, with each drink narrating a unique story.

THE MAKING OF OUR SIGNATURE GIN BLEND

Our passionate team, led by our Director of Restaurants, Food & Beverage Manager, and Head Mixologist, recently embarked on an inspiring journey to Prince Edward County. Their destination: the renowned Bare Bones Distillery. Their mission: to craft a custom gin that beautifully captures the essence of both Bare Bones and 43 Down.

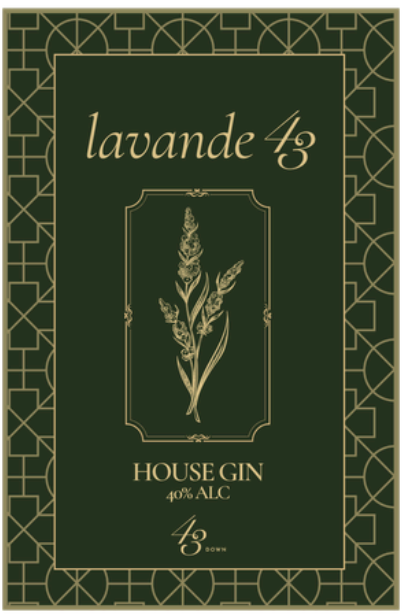
THE PERFECT BLEND OF FLAVORS

Immersed in the rich flavors and aromas of the distillery, our team dedicated countless hours to experimenting and perfecting their creation. The result is a one-of-a-kind gin with a distinctive flavor profile that blends delicate lavender, exotic cardamom, bright citrus, and a lingering hint of orca root. This unique mix embodies our team's passion for hospitality, their dedication to the craft, and their commitment to innovation.

EXPERIENCE THE ART OF MIXOLOGY

Experience this exceptional gin, along with a curated selection of cocktails that tell their own captivating stories. Discover the passion, creativity, and hospitality that define 43 Down, and let each sip transport you into the heart of our mixology masterpiece.

Raise a glass to the extraordinary flavors crafted with care and love at 43 Down.
Cheers!



Experience the artisanal gin creation