



BREAKFAST

THE ST. REGIS • TORONTO



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## WELLNESS SELECTION

### Organic Steel Cut Oatmeal

Apricot, Toasted Almond, Brown Sugar, Warm Milk  
(N)  
16

### Acai Berry Bowl

Housemade Granola, Coconut, Banana,  
Blueberry, Strawberry, Raspberry  
(V) (N)  
23

### Protein Granola Bowl

Greek Yogurt, Almond and Coconut Granola,  
Fresh Berries, Honey  
(N)  
17

### Continental Breakfast

House Baked Pastries, Seasonal Sliced Fruit,  
Fresh Juice, Tea or Brewed Coffee  
(D) (G)  
24

### Avocado Toast

*(gluten free available)*

Grilled Sourdough, Cherry Tomato, Seasonal Greens  
(V)  
Add Poached Eggs +6  
Add Smoked Salmon +7  
24

### Seasonal Sliced Fruit

Daily Selection of Fresh Sliced Fruit & Berries  
(V)(D)(G)  
17

## SIDES

9

Country Pork Sausage	Sliced Fruit
Chicken Sausage	Breakfast Potatoes
Smoked Bacon	Smoked Salmon
Peameal Bacon	Sliced Avocado

## FAVOURITES

### From The Bakery

Daily Selection of Baked French Viennoiserie, Butter, Fruit Compote  
(D)(G)  
16

### French Toast

Fresh Berries, Chantilly Cream, Maple Syrup  
(D)(G)  
25

### Buttermilk Pancakes

Fresh Berries, Chantilly Cream, Maple Syrup  
(D)(G)  
25

### Smoked Salmon Tartine

Olive Oil Toasted Sourdough, Everything Bagel Seasoning, Cream Cheese,  
Smoked Salmon, Cucumber, Capers, Green Salad  
(D)(G)  
27

## EGGS & MORE

### Canadian Breakfast

Two Eggs Any Style, Breakfast Potatoes, Roasted Tomato, Fresh Fruit  
*Choice of: Country Pork Sausage, Chicken Sausage or Bacon, Toast,  
Juice, Tea or Brewed Coffee*  
(D)(G)  
31

### Eggs Benedict

*(gluten free available)*  
English Muffin, Free Range Poached Eggs, Baby Potatoes, Hollandaise  
*Choice of: Smoked Salmon, Peameal Bacon or Truffle Florentine*  
(DF)(GF)  
29

### Egg White Omelet

Spinach, Kale, Avocado, Roasted Tomato Sauce, Green Salad  
(DF)(GF)  
28

### Huevos Rancheros

Slow Roasted Tomato Sauce, Corn Tortilla, Free Range Fried Eggs, Feta,  
Avocado, Charred Corn Salsa  
(D)(GF)  
30

### Mushroom, Truffle & Brie Omelet

Free Range Eggs, Parmesan Potatoes, Local Mushrooms, Green Salad  
(D)(GF)  
37

## HOT BEVERAGES

### Illy Coffee

Espresso/Macchiato 7  
Double Espresso/Macchiato 9  
Americano 8  
Cortado 8  
Brewed Coffee 8  
Cafe Latte 9  
Cappuccino 9  
Mocha 9

### Sloane Tea | 8

Midnight Blossom - St. Regis Signature  
Sencha Classic  
Signature Black  
Heavenly Cream  
Citron Calm  
Marrakesh Mint  
Jasmine Mint  
Earl Grey Classic

## WELLNESS BEVERAGE

Four Berry Smoothie | 11

Energize Green Smoothie | 11

Fresh Juice | 10

Orange, Grapefruit or Apple

(VG) - Vegetarian

(V) - Vegan

(GF) - Gluten free

(SF) - Shellfish

(P) - Pork

(N) - Nuts

Parties more than 6 guests will be subject to a service charge of 18%.  
To better serve all guests joining us at LOUIX LOUIS, we ask that guests limit the  
splitting of checks to 4 ways. Checks may be split evenly or by individual guest.  
Splitting of items cannot be accommodated.



## LOUIX LOUIS BREAKFAST

\$65

### From The Bakery

*Assorted French Viennoiserie*

### FIRST COURSE

*Choice of one*

#### Organic Steel Cut Oatmeal (N)

Apricot, Toasted Almond, Brown Sugar, Warm Milk

#### Protein Granola Bowl (G)

Fresh Berries, Hazelnuts, Cashews. Choice of Milk or Yogurt

#### Seasonal Sliced Fruit

Daily Selection of Fresh Sliced Fruit & Berries

### SECOND COURSE

*Choice of one*

#### Canadian Breakfast

Two Eggs any style, Breakfast Potatoes, Fresh Fruit

Choice of: Country Pork Sausage or Chicken Apple Sausage or Bacon, Toast,

#### Egg White Frittata

Spinach, Mushroom, Goat Cheese, Baby Potatoes & Mixed Greens

#### Buttermilk Pancakes

Brûlée Banana, Whipped Cream, Maple Syrup

*Choice of Coffee or Tea, Fresh Juice*